

## December 2023

## Middle School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	<u> </u>			Waffle Benefit bar	Special News
				Muffin Cereal 100% Juice 1% White Milk	Breakfast is <b>FREE</b> for all
Breakfast Sand.	<b>5</b> Breakfast Sand. Benefit bar	6 Breakfast Sand.	<b>7</b> Breakfast Sand.	8 Breakfast Sand.	students.
Benefit bar Muffin Cereal	Muffin Cereal	Benefit bar Muffin Cereal	Benefit bar Muffin Cereal	Benefit bar Muffin Cereal	A free breakfast <b>MUST</b>
100% Juice 1% White Milk	100% Juice 1% White Milk	include a fruit or juice to be			
Vaffle Waffle Benefit bar Muffin Cereal	12 Waffle Benefit bar Muffin Cereal	Waffle  Benefit bar  Muffin  Cereal	14 Waffle Benefit bar Muffin Cereal	Waffle  Benefit bar  Muffin  Cereal	considered a meal.
100% Juice 1% White Milk	100% Juice 1% White Milk	Students			
French toast Benefit bar Muffin Cereal  100% Juice 1% White Milk	French toast Benefit bar Muffin Cereal  100% Juice 1% White Milk	French toast Benefit bar Muffin Cereal  100% Juice 1% White Milk	French toast Benefit bar Muffin Cereal  100% Juice 1% White Milk	NO SCHOOL	who do not take the required components will be
25 NO SCHOOL	26 NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	charged a la carte pricing.
					Menus are subject to change without notice.

All Meals will be served with either 4oz. of fruit and/or vegetable to follow USDA Guidelines for what makes a meal.

Students who do not take the required components will be charged a la carte pricing.

Milk served is 1% white milk



